

Celebrate Recovery®

DNA Group Formats

DNA Format for Large Group

One hour in length

(The order of the format is flexible. As long as the components are included, you may adjust the flow of events as you desire.)

- Welcome and open in prayer
- Worship music
- Read the 8 principles or Christ centered 12 steps, and their biblical comparisons
- Lesson or Testimony
 - Testimonies are to be written in advance, edited and approved by the ministry leader or other Team Member, and must be read using the approved edited version.
- Closing prayer (It is optional to close with the Serenity Prayer; however, it is highly recommended.)
- Dismissal to Open Share Groups

Optional Best Practice Elements for Large Group:

- Announcements
- Chip Ceremony
- Special music with offering or invitation
- Guest speaker or special lesson a few times a year.

Simple DNA Format for Open Share Group

One hour in length, In person or online

1. Welcome and Leader Introductions
2. Open in prayer
3. Read the CR Small Group Guidelines
4. Group Open Sharing
5. Wrap up
6. Close in prayer

Extended DNA Format for Open Share Group

One hour in length, In person or online

- 1. Welcome and Leader Introductions**
- 2. Open in Prayer**
3. *Optional:* Read through the 8 Principles or 12 Steps
- 4. Read the CR Small Group Guidelines**
 - a. Online groups read the additional online guidelines**
5. *Optional:* Include a 5-10 minute (max) devo or minimony
6. *Optional:* Read the issue pamphlet related to the group's issue focus
7. *Optional:* Ask participants to introduce themselves
8. *Optional:* Share the focus question
- 9. Group Open Sharing**
- 10. Wrap up**
 - a. *Optional In person:* Hand out recovery chips
 - b. *Optional Online:* Acknowledge sobriety/recovery time
 - c. *Optional:* Take prayer requests
 - d. *Optional:* Ask for potential sponsors to raise their hand
 - e. *Optional:* Invite participants to after group fellowship and/or church events
- 11. Close in Prayer**

DNA Format for Step Study Groups

1½ to 2 hours in length

1. Welcome and open in prayer
2. Leader and participant introductions
3. Read the 8 principles or Christ centered 12 steps
4. Read the CR Small Group Guidelines
5. Read the lesson acrostic from the Participant's Guide (when starting a new lesson) and take turns sharing answers to the questions.
6. Wrap up and close in prayer

Optional Best Practice Elements for Step Study Groups:

- Small Group Expectations (Initially when a new Step Study begins, can be found in the ALT)
- Worship song at the beginning of the meeting
- Share a devo from the CR 365 Daily Devo or the Celebrate Recovery Bible (no more than 5 minutes, and remember, no outside curriculum)
- Assign the homework questions from the Participant's Guide for next week's meeting
- Announcements
- Share prayer requests